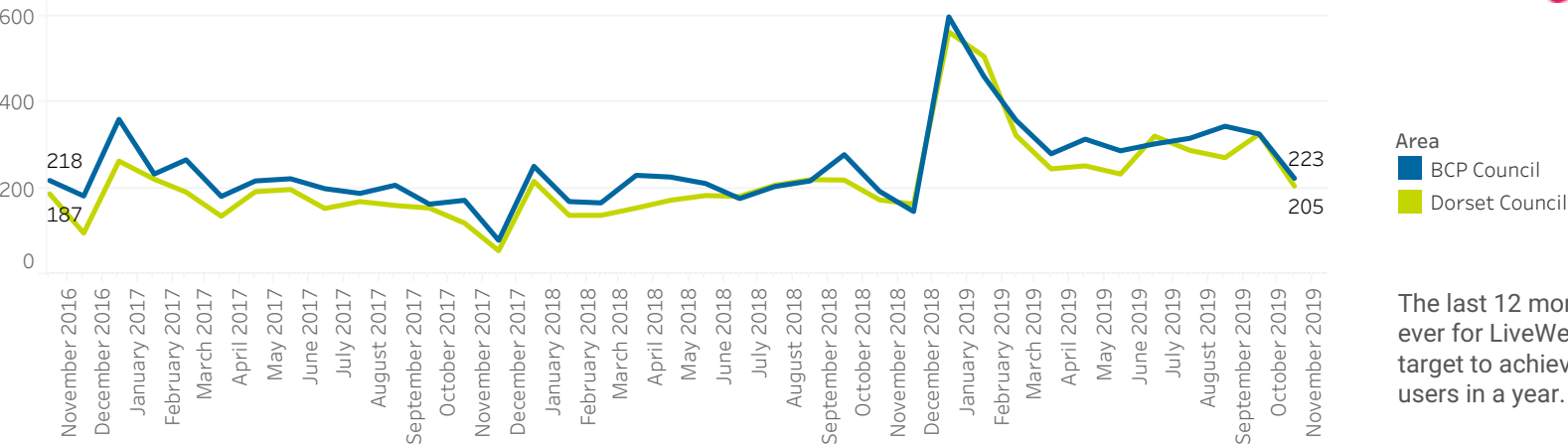


JOINT PUBLIC HEALTH BOARD LIVEWELL DORSET PERFORMANCE REPORT

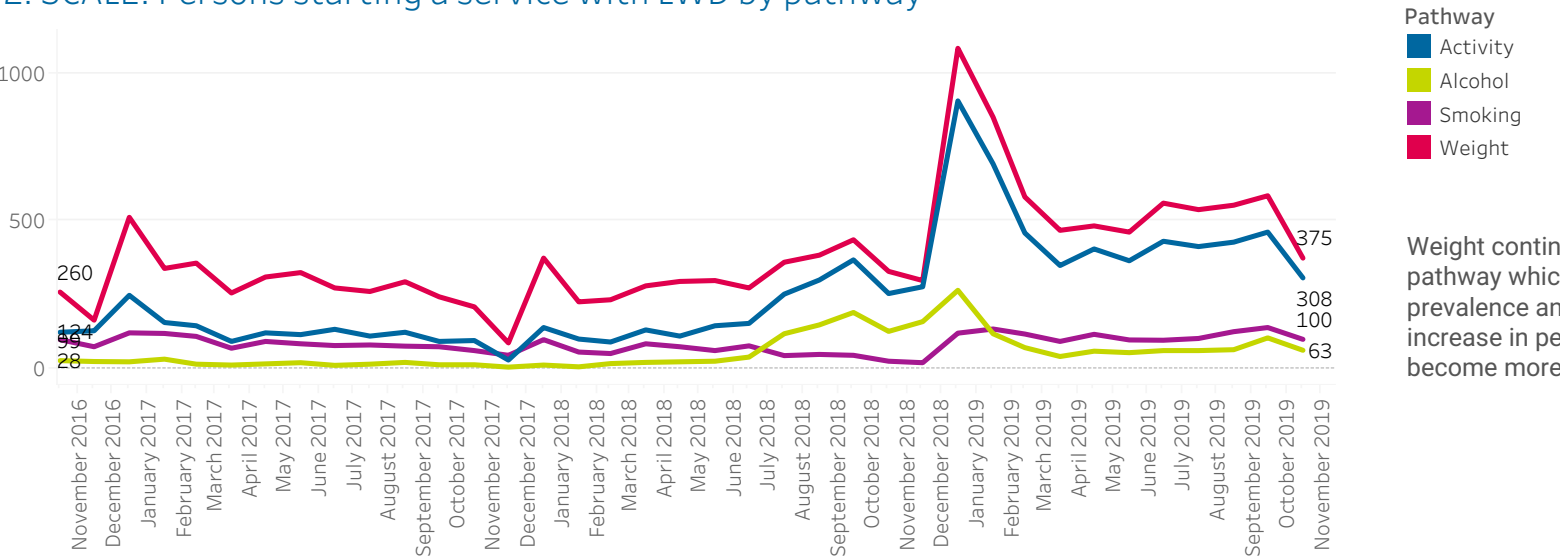


1. SCALE: Number of persons starting a service with LWD



The last 12 months has been the busiest year ever for LiveWell Dorset. The service is on target to achieve 10,000 registered service users in a year.

2. SCALE: Persons starting a service with LWD by pathway

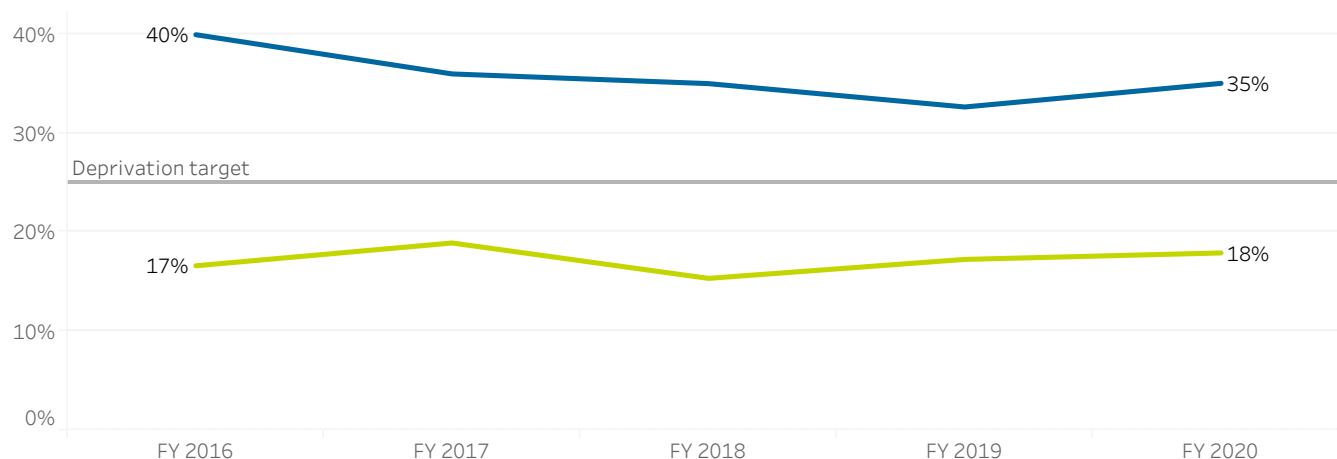


Weight continues to be the most common pathway which reflects the level of local prevalence and need. There has also been an increase in people accessing support to become more active.

JOINT PUBLIC HEALTH BOARD LIVEWELL DORSET PERFORMANCE REPORT



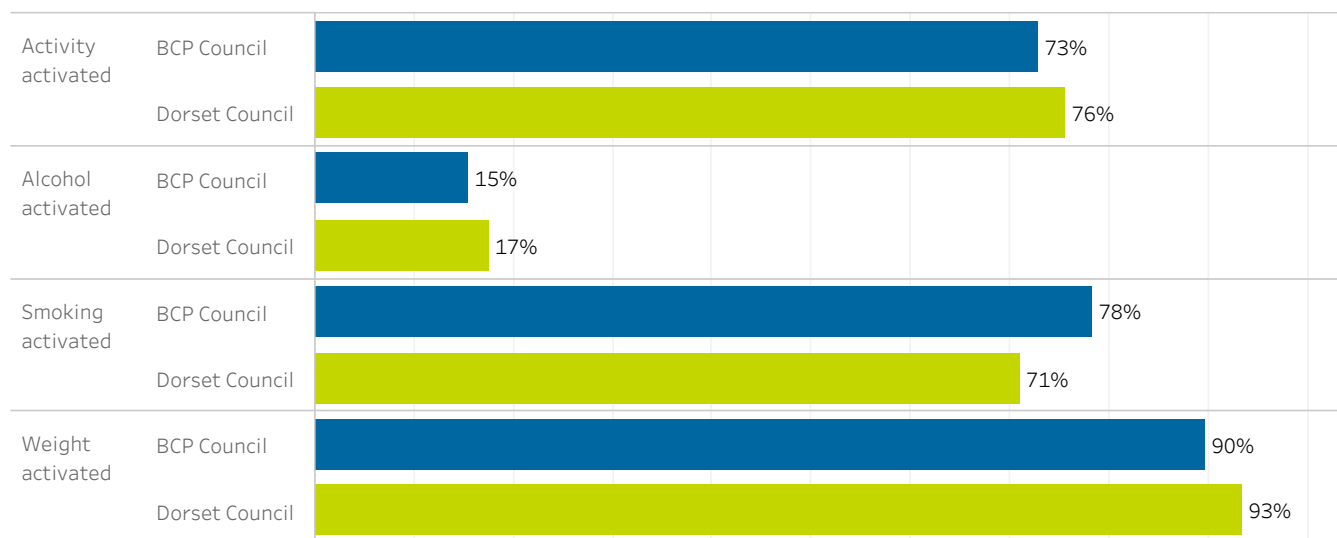
3. REACH: Percentage of persons starting with LWD living in most deprived quintile



Area
 ■ BCP Council
 ■ Dorset Council

LiveWell Dorset continues to engage a disproportionately high percentage of people living in deprived communities. This is far higher in BCP where a larger number of people are living in more deprived communities.

4. IMPACT: Pathways activated following a positive assessment of need 2019/20

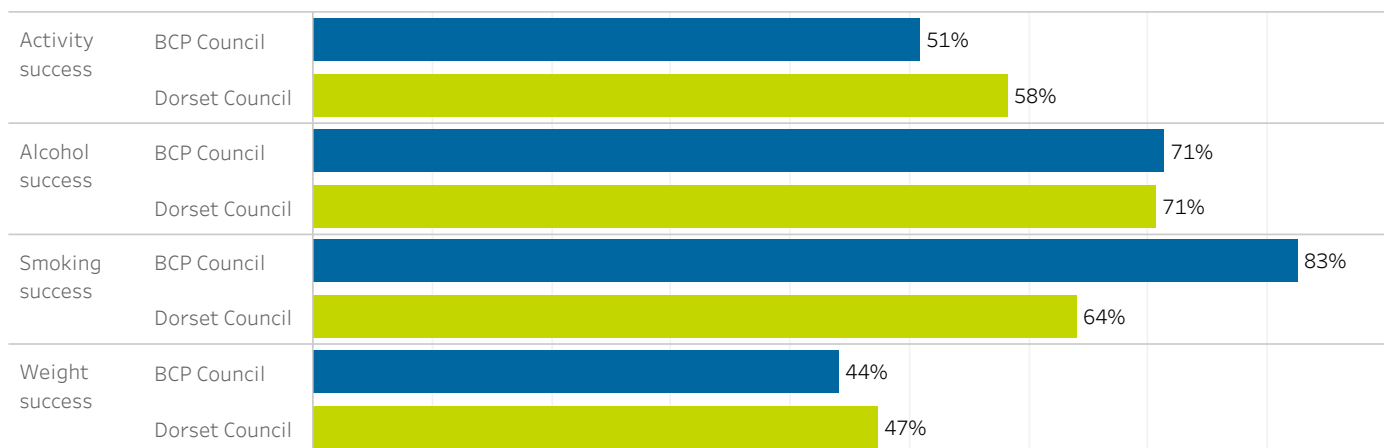


Area
 ■ BCP Council
 ■ Dorset Council

The graph provides an indication of how effective LiveWell Dorset is at engaging people who have identified risk behaviours, regardless of what brought them to the service. Over 90% of people who have a BMI of 30+ are subsequently starting a weight management pathway whereas around 15% of people who drink too much go on to activate an alcohol pathway. The general trends are consistent across BCP and Dorset Council.

JOINT PUBLIC HEALTH BOARD LIVEWELL DORSET PERFORMANCE REPORT

5. IMPACT: Positive change reported at 3 months 2019/20



Area

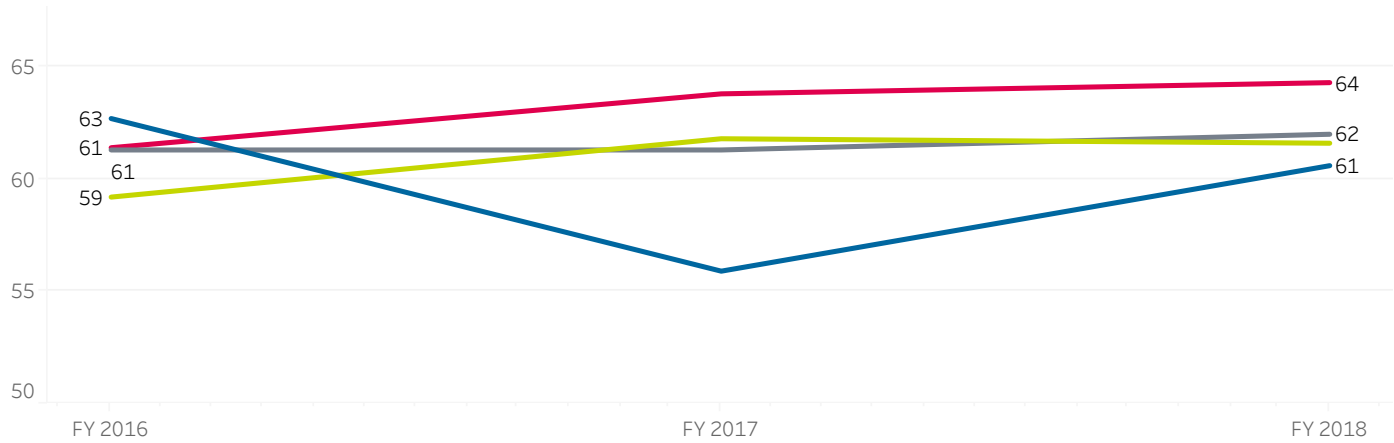
- BCP Council
- Dorset Council

We have relatively robust data on outcomes of individuals at 3 months but more needs to be done to improve data capture at 6 and 12 months. Outcomes are broadly similar for BCP and Dorset Council although smoking cessation has shown significantly higher success rates in BCP. Weight management pathway success is a lot higher than what is shown here when including data from weight management providers.

JOINT PUBLIC HEALTH BOARD WEIGHT MANAGEMENT PERFORMANCE REPORT



1. PREVALENCE: Percentage of adults overweight or obese

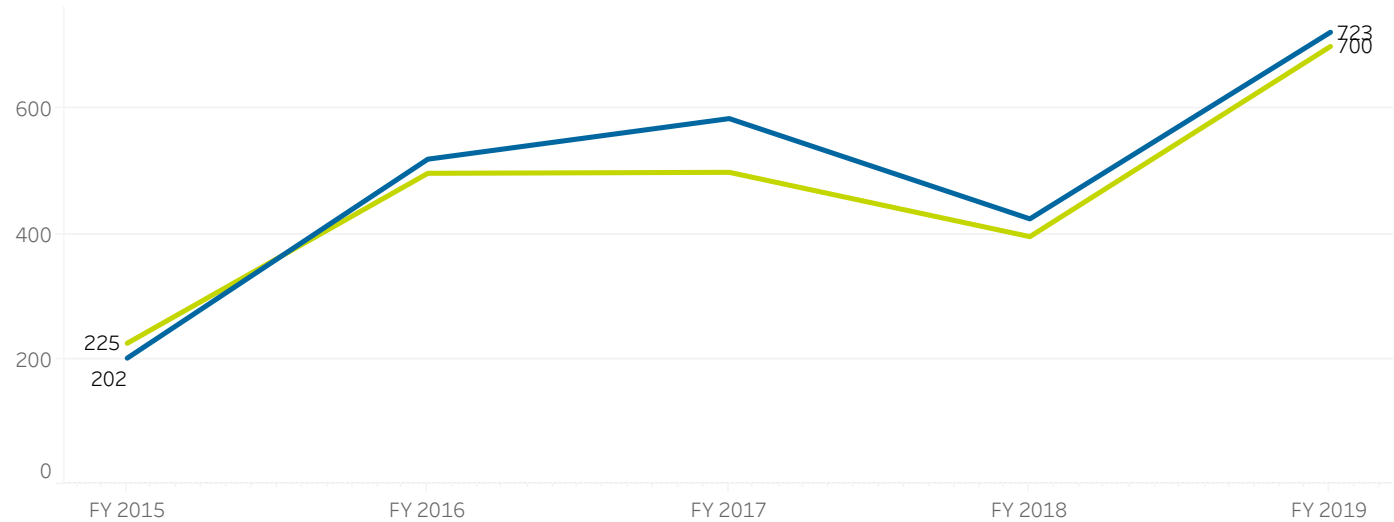


Area

- Bournemouth
- Dorset
- England
- Poole

Over 60% of the population are overweight or obese. This has gradually increased over the past 5 years both nationally and locally.

2. SCALE: Number adults accessing weight management services per 100k pop



Area

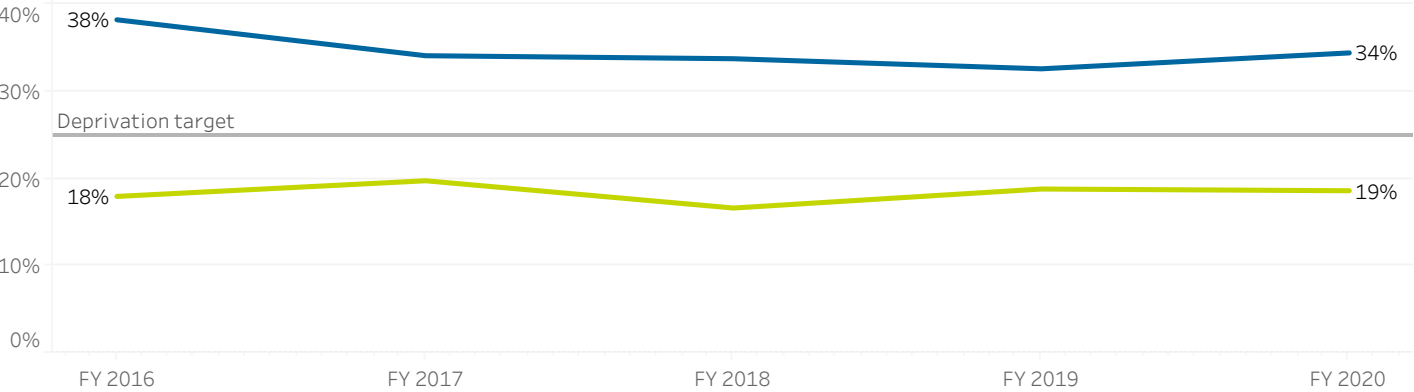
- BCP Council
- Dorset Council

Take-up of weight management services has increased in 2019 compared with previous years. This has resulted from an increase in activity in the LiveWell Dorset service.

JOINT PUBLIC HEALTH BOARD WEIGHT MANAGEMENT PERFORMANCE REPORT



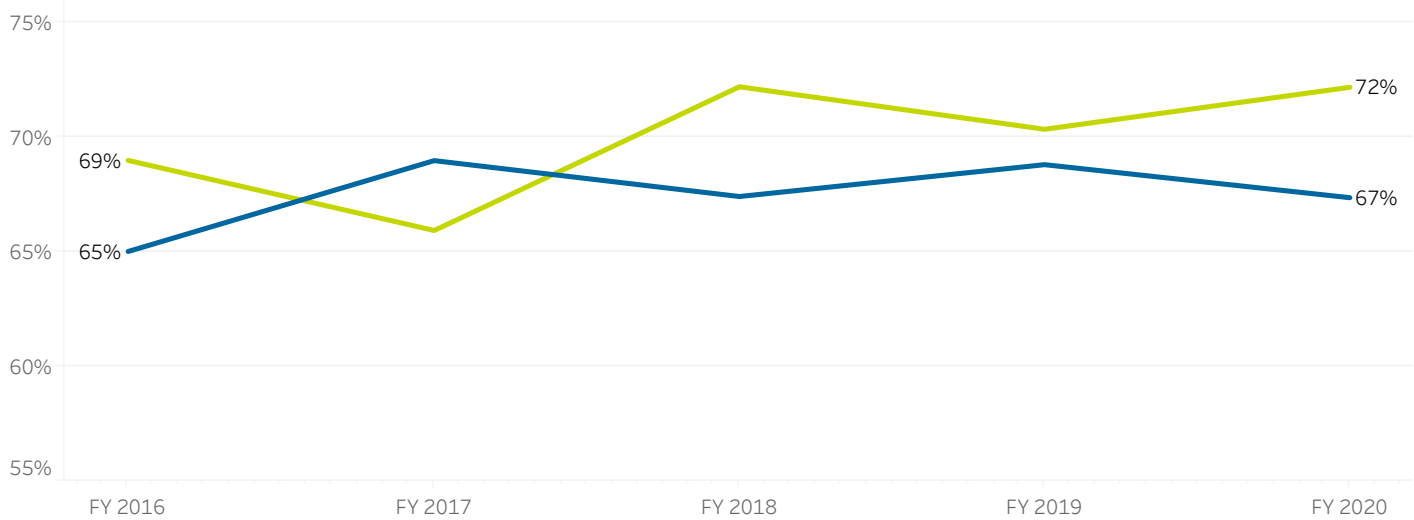
3. REACH: Percentage receiving a weight management service living in most deprived quintile



Area
BCP Council
Dorset Council

Across Dorset weight management services are engaging a disproportionately high percentage of people living in deprived communities. This is particularly marked in BCP given the greater number of deprived areas.

4. IMPACT: Percentage achieving target 5% weight loss



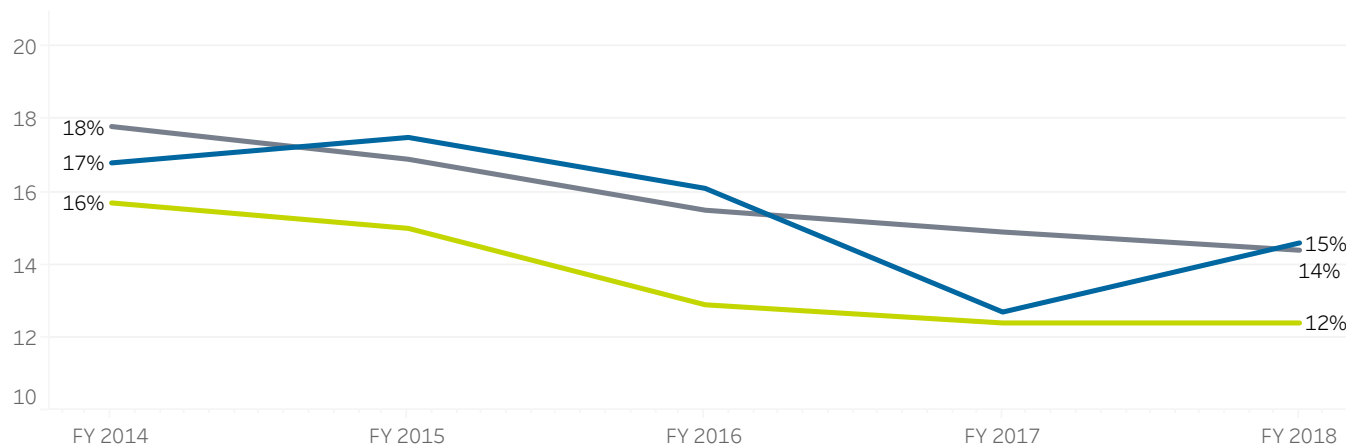
Area
BCP Council
Dorset Council

The percentage of people achieving the 5% weight loss target remains high in BCP and Dorset Council areas.

JOINT PUBLIC HEALTH BOARD SMOKING CESSATION PERFORMANCE REPORT



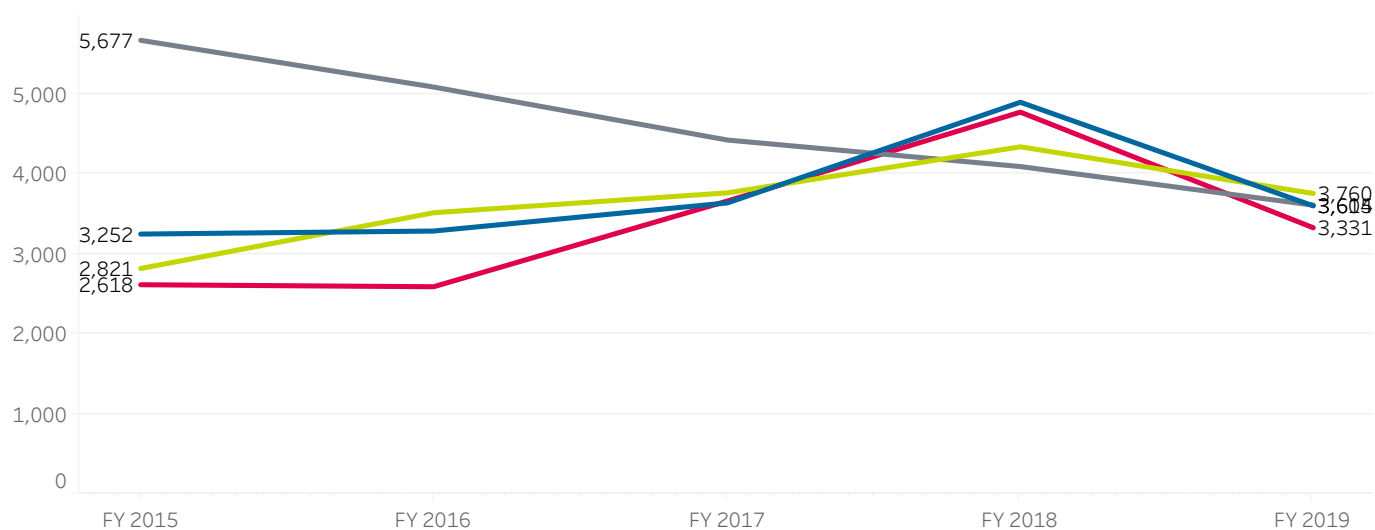
1. PREVALENCE: Percentage of adults smoking



Area
 BCP Council
 Dorset Council
 England

The number of people smoking continues to decline. The decrease has been driven by more people quitting smoking, fewer younger people starting, and increasing popularity in vaping products.

2. SCALE: Persons starting a smoking cessation service per 100k smokers



Area
 Bournemouth
 Dorset
 England
 Poole

There has been a fall in the number of smokers accessing cessation services in 2019, in line with the decline in smoking prevalence.

JOINT PUBLIC HEALTH BOARD SMOKING CESSATION PERFORMANCE REPORT

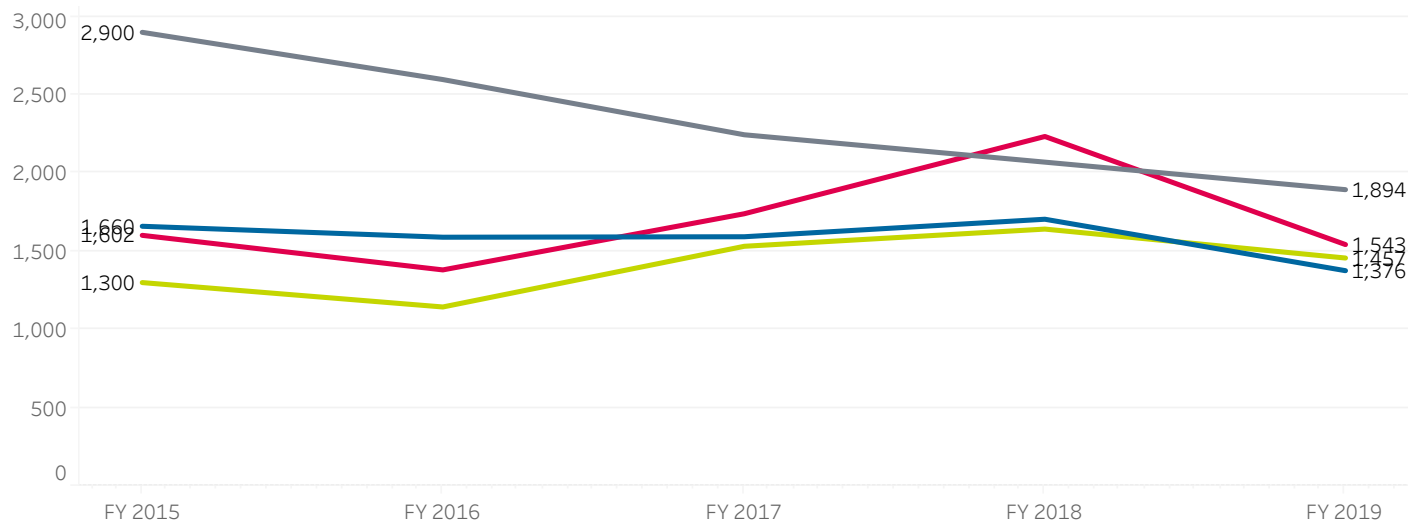
3. REACH: Percentage in smoking cessation services living in the most deprived quintile 2018/19



Area
■ BCP Council
■ Dorset Council

Local services continue to do well at engaging people from deprived communities, where smoking prevalence is higher than average.

4. IMPACT: Number quitting at 4 weeks per 100k smokers



Area
■ Bournemouth
■ Dorset
■ England
■ Poole

There has been a small decrease in the number of smokers quitting in 2019. This is in line with the declining overall prevalence of smoking prevalence and the drop in the number of people starting a quit attempt.